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02-541 Warszawa

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We invite your delegation to the

VI INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

IRINA-CUP

12-13.04. 2014

Warsaw Poland

Organizer: UKS „IRINA” and Polish Gymnastics Federation

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Phones of organizers : + 48 608 300 832 Irina Lortkipanidze;

+48 602 696 675 –Sławomir Kardaszewski

Competition hall : Sports hall
Szkoła Podstawowa N 85
Ul. Narbutta 14 Warszawa

Schedule of tournament :

Friday, 11.04.2014. Arrival of delegations , training, technical and judge meeting

Saturday, 12.04.2014. Judge meeting , all-round competition , **Gala** , banquet

Sunday, 13.04.2014. Warsaw –city Sightseeing, all-round competition , departure of delegations

Monday 14.04.2014 Departure of delegation

Categories:

2006/2007- Without apparatus

2005- Without apparatus, Apparatus by choice

2004 -Without apparatus, Apparatus by choice

2003 - 2 apparatus by choice

2002 -2 apparatus by choice

2001 -3 apparatus by choice

1999-2000 -3 apparatus by choice

Delegations: 1 gymnast per categories !!! /max 4 gymnasts/

1 coach

1 judge

Attention; important!!!

1-2 Gymnasts from each club are welcome to participate in gala program with performance of max 3 min.

Application:

Definitive application till **03.03.2014.**

Please send us the forms for each composition **4 copies** to the address:

UKS Irina , ul. Narbutta 14 , 02-541 Warszawa

or mail adres: lord1108@hotmail.com

Only 12 first foreign delegations(max. 2 per country) returning their definitive subscription by deadline will be entered into the competition.

Costs

*Registration fee for each gymnast is **40 Euro.**

*Hotel charge: *Hotel charge:

45 Euro/person/night- double room including breakfast+1 meals

60 Euro/person/night - single room, including breakfast+1 meals

*For every extra gymnast in category registration fee is **50 Euro.**

The expenses for accommodation for extra persons and extra days are fixed at **55 € per day and per person.**

*Warsaw sightseeing **15 Euro/person***

- The organiser is covering **all costs for meals** of 4 gymnasts, judge and coach from Friday **11/04 evening (dinner)** till **Monday 14/04 morning (breakfast).**
- Organisers is not covering travelling.

Important!!!

- **Visa:** If you need an official invitation to obtain a visa to travel to Poland, please contact us as soon as possible no more **than 20 February 2014** (please, fill the documents below)

Individual all around (for each category)

First 3 positions will be awarded with medals: Gold-Silver-Bronze , cups and special presents.

Gymnasts in position 4-6 will be awarded with diplomas and special presents

The gymnast will be awarded for all around competition and each separately in each category, with a maximum of 1 gymnast per club.

The organizing club is reserving itself the right to have 1 gymnast additional.

<i>Category</i>	<i>Age</i>	<i>Competition I day</i>	<i>II day</i>	<i>Difficulty</i>
<i>Category I</i>	<i>2006/2007</i>	<i>Without apparatus</i>	<i>x</i>	Dmax: 5 points value each body difficulties max 0,7
<i>category II</i>	<i>2005</i>	<i>With.apparatus</i>	<i>Apparatus by choice</i>	Dmax: 5points value each body difficulties max 0,7
<i>category III</i>	<i>2004</i>	<i>Apparatus by choice</i>	<i>Without apparatus</i>	Dmax:6 points value each body difficulties max 0,7
<i>category IV</i>	<i>2003</i>	<i>1 apparatus by choice</i>	<i>1 apparatus by choice</i>	Dmax: 6 points value each body difficulties max 0,8
<i>category V</i>	<i>2002</i>	<i>1 apparatus by choice</i>	<i>1 apparatus by choice</i>	Dmax: 7 points value each body difficulties max 1,0
<i>category VI</i>	<i>2001</i>	<i>2 apparatus by choice</i>	<i>1 apparatus by choice</i>	Dmax: 8 points value each body difficulties max 1,0
<i>category VII</i>	<i>Junior 1999-2000</i>	<i>1 apparatus by choice</i>	<i>2 apparatus by choice</i>	Dmax: 9 points

INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

"IRINA-CUP"

DEFINITIVE ENTRY

till 03 March 2014

Name of the Sport Club/Association:

.....

Contact person:

.....

Your contact address:

.....

Tel: Fax: E-mail.....

Rhythmic Gymnastic:

Name	Gymnast Category	Gymnast Apparatus	Date of birth	Nr passport	Date of expiry
coach					
judge					

Travelling by plane, bus, train, car

Arrival : Date:..... Time:.....

Departure: Date:..... Time:.....

We are interested in sightseeing Yes No

Return this form to organizing committee

E-mail : lord1108@hotmail.com